

2001 California Dietary Practices Survey

Table 23: Why Californians Are Not Eating More Fruits and Vegetables (Out of Everyone)

Question: For yourself, do you agree or disagree...

It's hard to get fruits and vegetables at restaurants.

It's hard to get fruits and vegetables at fast food places.

It's hard to get fruits and vegetables at work.

I don't eat more fruits and vegetables because I'm worried about pesticides.

Fruits and vegetables are too expensive.

Base: Out of everyone

Percent Agreeing

| | Hard to buy in restaurants | Hard to buy in fast food places | Hard to get at work | Worried about pesticides | Too Expensive |
|------------------------------|----------------------------------|--|---------------------------|--------------------------------|------------------|
| Total | 36 | 85 | 61 | 16 | 32 |
| Sex | | | | | |
| Males | 37 | 86 | 59 | 15 | 27 *** |
| Females | 36 | 85 | 62 | 17 | 36 |
| Males | | | | | |
| 18 - 24 | 40 | 84 | 58 | 14 | 21 * |
| 25 - 34 | 42 | 87 | 64 | 18 | 26 |
| 35 - 50 | 34 | 86 | 56 | 14 | 25 |
| 51 - 64 | 31 | 82 | 62 | 16 | 38 |
| 65+ | 37 | 88 | 58 | 10 | 27 |
| Females | | | | | |
| 18 - 24 | 36 | 86 | 61 | 13 | 33 |
| 25 - 34 | 40 | 88 | 60 | 14 | 32 |
| 35 - 50 | 33 | 86 | 62 | 19 | 35 |
| 51 - 64 | 26 | 81 | 59 | 19 | 40 |
| 65+ | 42 | 80 | 69 | 19 | 45 |
| Ethnicity | | | | | |
| White | 30 *** | 89 *** | 60 | 11 *** | 26 *** |
| Hispanic | 52 | 75 | 62 | 29 | 43 |
| Black | 41 | 88 | 60 | 25 | 41 |
| Asian/ Pacific Islander | 33 | 85 | 62 | 14 | 31 |
| Education | | | | | |
| Less than high school | 57 *** | 75 *** | 65 | 41 *** | 51 *** |
| High school graduate | 37 | 85 | 62 | 18 | 40 |
| Some college | 33 | 87 | 64 | 12 | 30 |
| College graduate | 30 | 89 | 56 | 8 | 20 |
| Income | | | | | |
| Less than \$15,000 | 42 ** | 80 *** | 63 ** | 24 *** | 48 *** |
| \$15,000 - 24,999 | 38 | 86 | 69 | 20 | 36 |
| \$25,000 - 34,999 | 42 | 83 | 49 | 14 | 39 |
| \$35,000 - 49,999 | 31 | 84 | 55 | 12 | 28 |
| \$50,000+ | 30 | 91 | 58 | 8 | 15 |
| Physically Active | | | | | |
| Did not meet recommendations | 39 * | 86 | 63 | 18 ** | 36 *** |
| Met recommendations | 33 | 85 | 58 | 13 | 26 |
| Overweight Status | | | | | |
| Overweight/Obese | 36 | 85 | 60 | 17 | 32 |
| Not overweight | 36 | 87 | 62 | 13 | 29 |

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

* p<.05

** p<.01

*** p<.001